

# Declutter Check List

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## Kitchen / Pantry:

- ☐ CONTAINERS WITHOUT LIDS
- ☐ EXPIRED FOOD
- ☐ OLD SPICES
- ☐ TAKE OUT EXTRAS (UTENSILS, CONDIMENTS)
- ☐ OLD COFFEE MUGS
- ☐
- ☐
- ☐
- ☐
- ☐

## Bathroom:

- ☐ EXPIRED MEDICINE
- ☐ BROKEN/ UNUSED JEWELRY
- ☐ RATTY OLD TOWELS
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

## Bedroom:

- ☐ CLOTHES THAT DON'T FIT
- ☐ EXCESS HANGERS
- ☐ OLD SHEETS
- ☐ SINGLE SOCKS
- ☐ UNCOMFORTABLE SHOES
- ☐
- ☐
- ☐
- ☐
- ☐

## Living Room:

- ☐ BROKEN PHONE CHARGERS
- ☐ DEAD PLANTS
- ☐ OLD REMOTES
- ☐ EXTRA BLANKETS
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

## Garage:

- ☐ EMPTY CARDBOARD BOXES
- ☐ BROKEN APPLIANCES
- ☐ EXTRA BROOMS
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

## Kids Rooms:

- ☐ BROKEN ART SUPPLIES
- ☐ CLOTHES THAT ARE TOO SMALL
- ☐ BROKEN TOYS
- ☐ UNUSED TOYS
- ☐ STAINED CLOTHES
- ☐ TOO SMALL SHOES
- ☐
- ☐
- ☐
- ☐

## *Other:*

- ☐ INSIDE OF PURSE
- ☐ OLD BATTERIES
- ☐ EMPTY WATER BOTTLES
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

## *Online / Electronic:*

- ☐ UNSUBSCRIBE FROM SOME EMAILS
- ☐ CLEAR OUT VOICEMAIL
- ☐ CLEAN UP FRIENDS LIST
- ☐
- ☐
- ☐
- ☐

## *Office*

- ☐ MAIL
- ☐ EXCESS PENS
- ☐ EXCESS PENCILS
- ☐ EXCESS PAPERWORK
- ☐ OLD CALENDARS
- ☐
- ☐
- ☐
- ☐